

# **CASE STUDIES**

This is a case study of the first 82 patients, who were seen and evaluated by a Spiritual Care Consultant since November, 2007.

## **ISSUES COVERED**

1. Depression and Grief
2. Severe Depression and Grief
3. Substance Abuse and Grief
4. Family Dynamics
5. Anger
6. Depression
7. Divorce
8. Substance Abuse and Anger
9. Abusive Spouse
10. Bullying
11. Connection to God
12. Destructive Behaviors
13. Severe Pain
14. M.S.
15. Work Place Harassment
16. Anxiety
17. Chronic Health Problems
18. Homelessness
19. Rejection

Of these 81:

1. Thirteen were reconnected to church
2. Thirty Six already had a church
3. Twenty Four were not connected
4. Nine of the patients were minors

**EVAULATION SUMMARY**

1. Have you been able to complete the plan given to you by the Spiritual Care Consultant?

**57...Yes 24...No** Some said that they were working on it. The purpose of the plan is to help them to develop a new spiritual lifestyle that will promote wellness in every area of their life.

2. Did seeing a Spiritual Care Consultant help you in your healing as it relates to your:

	<b><u>Strongly Agree</u></b>	<b><u>Agree</u></b>	<b><u>No Difference</u></b>	<b><u>Disagree</u></b>
A. Physical Health:	36	24	18	3
B. Emotional Health:	43	24	14	1
C. Spiritual Health:	44	23	14	1

3. Has this experience with the Spiritual care Consultant equipped you to better manage the spiritual issues in your life?

**70... Yes 9...No 3...Don't Know**

4. Has your time with the Spiritual care Consultant helped you connect or reconnect with your faith?

**65... Yes 16... No 1...Don't Know**

5. Would you be willing to recommend this service to a friend?

**81... Yes 1... No**

6. Would it be of value to have your health care provider discuss your spiritual well being?

**60...Yes 16... No 5...I don't know**

7. Medical Report:

Under the advice of a physician, one patient was able to stop taking Xanax and one decreased depression medication.

Some patients have cut back on unnecessary doctor's visits because they are managing their issues better.

The average number of hours spent with a client was 4.2 hours.

**There were twenty five people that completed the process but could not be reached for their final evaluations. The following are comments they wrote on the first evaluation.**

1. Were you treated with courtesy and respect?

**25... Yes      0...No**

2. Did the spiritual Care Consultant help you with the problem you came in with?

**25...Yes      0...No**

3. Was it easy to schedule an appointment with the Spiritual Care Consultant ?

**25... Yes      0...No**

4. Would you be open to a phone or written survey that asks your opinion of the effectiveness of our services?

**25... Yes      1... No**

**COMMENTS**

1. " I thought things went amazingly well. I was pleased with how things went."

2. " Care Consultants has helped me reconnect with God and helped me work through issues I am dealing with. Thank you for all your time and for working with me."

3. " I appreciate the fact that someone is here that I can talk openly about my faith."

4. " Keep doing what your doing. I appreciate it very much."

## **FINAL STATEMENT**

This report includes case studies based on 107 people who have been through Spiritual Care Consultants of West Michigan.

End of 09 was 96